Company Registration No. 07822573

MIDAYE SOMALI DEVELOPMENT NETWORK ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees Mazamed Cabdi Yusuf Chair

Mohamed Hagi Nur Treasurer
Hinda Dalmar Member
Najaah AbHir Adan Member
Amina Mohammed Issa Member

Charity number 1148304

Company number 07822573

Registered Office Office 6

7 Thorpe Close North Kensington

London W10 5XL

Bankers Unity Trust Bank

9 Brindley Place Birmingham B1 2HB

Barclays Bank plc 137 Ladbroke Grove

London W11 1PR

Independent Examiner Chamberlains

Elm House, Tanshire Park

Elstead Godalming Surrey GU8 6LB

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TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their report and accounts for the year ended 31 March 2022.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: the Statement of Recommended Practice" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Section 1A) (effective 1 January 2015)".

Structure, governance and management

The charity is a company limited by guarantee not having share capital (Company Registration No. 07822573). The company registered as a charity on 26 July 2012 (Charity Registration No. 1148304). The charitable company's memorandum and articles of association are its primary governing documents.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Cabdi Mazamed Yusuf

Mohamed Hagi Nur

Hinda Delmar

Najaah AbHir Adan (appointed 24.11.22)

Amina Mohammed Issa (appointed 24.11.22)

Abdi Nur (resigned 24.11.22)

Shukri Warsame (resigned 24.11.22)

Membership of the board is kept continually under review. Any new Trustees are appointed to contribute particular knowledge, experience, expertise or perspective to complement that which is already available to the board.

The Trustees may attend any courses which they feel are relevant to the development of their role and to keep up-to-date on any changes in legislation.

None of the Trustees had any beneficial interest in the company during the year. All of the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

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Organisation

The Trustees meet to discuss and amend the organisation and structure of the charitable company. The day-to-day organisation of the charity is the responsibility of the Director of Operations and this is supported by quarterly meetings with at least one Trustee in attendance.

The directors consider the board of Trustees and the Director of Operations comprise the key management personnel of the Charity in charge of directing and controlling, running and operating the Charity on a day-to-day basis. All directors give of their time freely and no director received remuneration in the year.

The pay of the senior staff is reviewed annually.

Objectives and activities

Our vision is to improve the quality of life for disadvantaged, isolated and marginalised Somali refugees, migrants and other minority ethnic communities, covering all age groups and sexes, ensuring people are given equal rights to education, health and well-being, living conditions, legal justice, recreational and adequate economic advancement.

We do this by:

- Providing generalist information and advice to our service users that will enable them to become
 more aware of their rights and better informed about the services available to them and how to
 access them.
- Supporting the most vulnerable in our community through befriending, mentoring and advocacy as necessary.
- Providing classes to adults to help them to overcome barriers, increase their skills, integrate fully into society and increase their self-confidence in the process.
- Providing supplementary education to children and young people that complements their mainstream education and provides a greater level of support.
- Encouraging and arranging regular consultation sessions for our service users to contribute and assist
 in the planning, development and delivery of new and existing services and projects.
- Encouraging all members within the community to express their needs and help themselves study and build their skills, in order to gain employment and so create a better future for their families.
- Encouraging and supporting women to become empowered and achieve their full potential to become more active and confident members of society.
- Liaising and working with other organisations and groups which have the same or similar purpose as our own to achieve a common goal and increase our capacity.
- Supporting the involvement, personal and professional growth of our volunteers.

General overview

The last year marked the second full year of operating under pandemic conditions. The optimism of a steady (if not instantaneous) return to normalcy was replaced by the realism of the ebb and flow of anxiety, restrictions and otherwise changing circumstances. Our plans to return to in-person delivery in September 2021 were disrupted by the Omicron wave and had to be readjusted on a number of occasions as the changing risk level demanded. However, we were able to maintain an uninterrupted flow of delivery to our service users, responding as effectively as possible to emerging needs within the community. A number of our project highlights this year included:

- Summer activities for families and children including a coding project and trips to Kew Gardens,
 Chessington World of Adventures and Bounce.
- The launch of our Journey of Hope mental health project funded by Comic Relief.
- The training of the second cohort of Parent & Carer Champions funded by MOPAC VRU via RBKC.
- Our International Women's Day event and our Zero Tolerance for FGM event.
- Our Lived Experience programme designed to empower and release lived experience leaders in our organisation and into our community.

Whilst the pandemic has certainly taken its toll on our communities and has forced rapid and unplanned change on us as an organisation, it has also provided us with the opportunity to review and restructure the way we operate. The disruption and enforced change has given us a fresh space to rethink and renew our structures and systems. We initiated a significant review of our model in August. We are very pleased with the way this review has wrought some exceptionally positive changes for us all. We believe that it has set us firmly on the path to take hold of the opportunities that the future provides and to move confidently into the next 5 years. Some of the most significant changes we have incorporated include:

- A flexible approach to delivering services which includes both face-to-face and remote delivery depending on service user needs and other factors.
- The establishment of staff wellbeing as a core value and foundational element of our operating model.
- The provision of improved staff development and progression pathways.
- The provision of improved volunteer development and pathways to employment for volunteers. A
 greater reliance on volunteer and sessional worker skills and support.

We must, once again, take note of the exceptional dedication and wonderful work of our staff and volunteers. Their love for their community and willingness to help and support is truly remarkable and the credit for any success or achievement which we can point to must largely go to them. We must also give substantial credit to our funders who have enabled us to make it through the turmoil of the pandemic, empower our

communities and help hundreds and hundreds of individuals in our communities. We'd like to offer specific thanks to Tudor Trust and Henry Smith for their core funding support.

We are very encouraged as we look forward to the future. We are very excited about our work on community mental health support and focus on family development with a view to keeping young people safe and offering them a brighter future, as well as our growing work directly with young people. However, this optimism is tempered by the concerns with the increasing cost of living and the difficulties that many are experiencing in accessing health care. These are growing challenges that we will need to rise to. However, we believe that we are well positioned as an organisation to respond to these coming challenges and we are looking forward to supporting our communities through the coming months and years.

Project reports

SUPPORT AND OUTREACH PROJECTS

<u>Bilingual Befriending Older People & Carers:</u> This was a partnership project led by Midaye and delivered jointly with Hodan Somali Community and Dadihiye Somali Development Organisation and had been active for many years. In September 2021 it came to an end and was replaced, in part, by the new Voluntary Sector Support Fund (VSSF) project from the local authority.

This service supported elders, vulnerable adults and carers living in RBKC. For the elders and vulnerable adults, this service provides support and helps to improve their knowledge of how to access beneficial services. This service enables both carers and those they care for to access the support they need to reduce isolation and improve activity levels through signposting and accompanying them to access services. During the COVID pandemic, this service was delivered online and by phone and formed a critical focal point of our efforts to ensure that the elderly and most vulnerable received the support that they needed during the lockdown.

<u>Drop-in (Outreach, Information & Support Service):</u> This is Midaye's core community-led service. The service is typically available four days a week, with dozens of clients making use of it every week. The scope and range of topics we deal with are diverse and sensitive, and the number of clients accessing the service has increased immensely. During the session, clients receive one-to-one support and are referred or accompanied to other specialist services when needed.

Previous funding from the Lloyds Bank Foundation to improve our Drop-in service was partially repurposed to support the organisation during the COVID pandemic and the acquisition of the AQS quality mark was put on hold. This will be picked up again in the 2022/23 financial year.

We also established a very productive working arrangement with Citizens' Advice Hammersmith & Fulham in which we are provided with two dedicated sessions with an advisor every week. We book clients into these

sessions in advance. We have been very pleased with the outcomes of this initiative. This arrangement is partly funded by W12 Together.

Funding for this project is provided by the VSSF from RBKC (delivered in partnership with Hodan Somali Community and Dadihiye Somali Development Organisation and the BME Health Forum.

<u>Family Well-being Service</u>: This project began in September 2017 and supports families in the Royal Borough of Kensington and Chelsea (RBKC). We offer intensive wrap around support for BME families with English as a second language. We support families to access ESOL classes, parenting support, health services, educational outreach support and the local children's centre. We work closely with early help teams, social care services and promote children's centre services. The main objective of this service is to improve the parents' self-esteem, eliminate isolation and improve the families' wellbeing. This enables them to better access their local services and understand and work with local service providers.

Over the course of this financial year, we supported 24 families. Each family is supported for a period of 3-6 months or longer, if necessary.

<u>Expanded Family Well-being Service</u>: Funding from Trusthouse Charitable Foundation has enabled us to expand our Family Wellbeing Service to clients and families from outside RBKC. This project has also enabled us to offer direct interventions to young people, including peer support groups, football and emotional wellbeing support.

Navigate: Young BME Engagement Project Navigate is an initiative to engage with young BME men and women living in the Grenfell-affected area in North Kensington and it's surrounds. We provide mentoring, opportunities and forums for young people to encourage their growth and development. This was an exceptionally important service during the pandemic and we worked hard to engage with young people, encourage their continued involvement and give them opportunities to share their ideas and opinions. This evolved into the development of a debate club as well as some social media internships at Midaye. We continue to be very encouraged by the choices and personal growth of a number of the young people that we have been engaging with.

Youth Sport Outreach: Funding from Sported allowed us to initiate regular football sessions for young boys (and girls to some extent) on a weekly basis. This was vitally important as we worked to help young people recover from the isolation and relative inactivity of the pandemic period. We worked to improve physical wellbeing and social interaction of young people which provided us with an important foundation for some of our other work with young people.

<u>Parent & Carer Champions:</u> We received a second tranche of funding from the MOPAC VRU as a nominated partner of the local authority to deliver training to develop a cohort of local parents and carers who would champion a movement to end youth crime and violence in their local neighbourhoods. We provided 15

exceptional volunteers with an intensive 10 session training programme which provided them with the information, connections and resources to undertake this role. We also supported them to engage with 4 to 5 families each over a 6 week period. Both of the cohorts that we have trained have proved incredibly valuable in engaging with the community and conducting outreach. We continue to develop many of these volunteers, some of whom have been employed as sessional workers.

Hope Project (Community Based Mental Health and Emotional Well-Being Support Pilot): We were one of two successful applicants for this MOPAC VRU initiative which aims to provide mental wellbeing intervention for parents and carers of children who are at risk. We are providing peer support, one-to-one support and community counselling for suitable candidates. It is a very exciting new project, much needed in our community, and we are excited to see how it develops.

HEALTH & WELL-BEING PROJECTS

<u>Emotional Well-being Service</u>: This service delivers up to 4 sessions of one-to-one emotional well-being support for RBKC residents. Most of the clients supported through this project speak English as a second language. The main focus is to help clients improve their emotional well-being with the guidance of accredited counsellors, enabling them to access mental health and other local services.

<u>Community Living Well Service</u>: This service is similar to the Emotional Well-being Service but is a little more intensive and is intended for those requiring more support. We deliver up to 6 sessions of one-to-one, face-to-face emotional well-being support for RBKC residents. Most of the clients supported through this project speak English as a second language. The main focus is to walk clients through specified processes and objectives, attending appointments and meetings with them, whilst providing them with emotional well-being support, enabling them to access mental health and other local services.

<u>FGM Advocacy Project:</u> Midaye continued to provide advocacy and support for victims of FGM at multiagency FGM clinics in three hospitals: St. Mary's Hospital, Queen Charlotte's Hospital, and Chelsea and Westminster Hospital. Women that access these clinics primarily, but not exclusively, come from Kensington and Chelsea, Westminster, Hammersmith and Fulham, Brent, Ealing, and Wandsworth. Midaye's health advocates also supported social workers with home visits and risk assessments.

<u>Dignity Women's Project:</u> The Dignity Women's Project is an FGM-focused project funded by Comic Relief for three years. It came to an end in December 2021. It was focused on outreach and community advocacy, working to raise awareness around FGM and empowering communities to resist the practice in order to bring it to an end. We also provide support to victims of FGM as a part of the project.

<u>P&ACT Partnership: FGM</u> This project is a significant collaboration with a large number of partners from the London Violence Against Women and Girls Consortium. Midaye focuses on the provision of support to survivors of FGM, training and awareness raising in the Royal Borough of Kensington & Chelsea, the London Borough of Hammersmith and Fulham and the City of Westminster. Survivors are provided with extensive

one-to-one support which includes emotional wellbeing support and practical support. This project has been renewed for a further 6 months until September 2022.

Together for Grenfell Project: The Together for Grenfell project began in April 2018 with the intention of providing emotional and mental well-being support to the Grenfell-affected community in Kensington and Chelsea at a grass-roots level. It has now been renewed until March 2024. Midaye provides both one-on-one support and peer support groups for clients. Prior to the pandemic, group meetings would often revolve around a communal activity such as gardening or cooking with empowerment, confidence-building and social network development as a primary objective. Peer support is a key part of this project and a number of groups are delivered each week. One-on-one support takes the form of ongoing coaching and mentoring with community counselling forming another key component.

<u>Inspire Women:</u> This service was delivered in partnership with Al-Hasaniya Moroccan Women's Project until September 2021 when it came to an end. This programme supported service users by providing weekly peer support, physical activity and advocacy for BME women for whom English is an additional language. We delivered two peer support groups, two online physical activity classes (Zumba and yoga) and one-to-one support during the course of the year until the project ended.

<u>Mind Mental Wellbeing Project:</u> This project focused on providing structured mental wellbeing support for local community members by delivering one-to-one support, mental wellbeing peer support group sessions and community counselling. The funding provided us with the opportunity to further establish our counselling service and was well subscribed to. The project ended in June 2021. Mental health continues to be a significant area of concern for our communities.

<u>Health gateway:</u> This project is designed to provide information and support to community members needing help with healthcare concerns and access to healthcare services. It includes advice, signposting, advocacy and workshops. Funding is provided by the Imperial Health Charity.

<u>Journey of Hope:</u> This significant project is funded by the Comic Relief Changemakers fund. It will form a flagship project for us over the next three years. The project is intended to develop and evidence a community-based mental healthcare model that provides an effective pathway for delivering mental health support for BME communities that speak English as an additional language. A large portion of this project is focused on effectively assessing our work and measuring its impact. We will be working with a number of local grassroots community organisations over the life of the project to develop this work together.

<u>Health mentoring:</u> This project is funded by BME Health Forum and provides one-to-one support, goal setting and mentoring for BME community members looking to proactively improve their health and wellbeing through positive lifestyle choices.

DEVELOPMENT & EDUCATION PROJECTS

<u>Educational Outreach</u>: This service benefits families in RBKC, Hammersmith and Fulham, and Westminster. We work closely with social services and Early Help to provide holistic support to families with school-aged children. Our support enables parents to have a better understanding of the British education system, and helps them improve their relationship with their children's schools and teachers. After a short absence of funding, we were able to pick this project up again with new funding from BBC Children in Need.

<u>Supplementary School:</u> Midaye's Supplementary School was initiated in 2002, to create an environment of education support for children and families facing great difficulties in understanding and integrating with the British education system due to language and cultural barriers. Feedback from parents indicate that children love attending the school and that it has had a significant impact on the children's education experience, their grades and quality of school work, and their confidence. New funding from BBC Children in Need has enabled this work to continue in White City.

We reach and actively support over 40 children between the ages of 6 and 17 on a weekly basis. We also offer training to teachers and volunteers to ensure our ethos of effective teaching is met. In addition, we deliver more classes and sessions to ensure that we meet the educational support needs of children from the school.

COMMUNITY PARTNERSHIP PROJECTS

<u>Musawa BME Community Consortium:</u> The Musawa Consortium was a concept derived and driven by Midaye's management after the Grenfell tragedy. It was apparent that although community grassroots organisations were doing excellent work in West London, they were not garnering the attention or influence that they deserved from the local authority and other statutory bodies. The consortium was created with support from The National Lottery to create a more effective entity to advocate for and amplify the voices of the multitude of BME grassroots organisations in the area.

Although holding the funding for the consortium, Midaye is an equal member with the other partners. Whilst it was difficult for Musawa to operate normally in pandemic circumstances, we focused heavily on helping partners secure additional funding for the delivery of much-needed services to their communities. The Musawa work is currently unfunded and is on hold.

<u>Emerging Futures:</u> This funding allowed Musawa to conduct critical research into the lockdown experiences of BME community members in West London with a view to imagining a better future for these communities and identifying the key areas which need to be addressed in order to realise that vision. The research included the participation of individuals from a wide range of ethnic communities. We produced an easy-to-read booklet for communities, local authorities and stakeholders to use laying out the findings of this research.

COVID & MISCELLANEOUS FUNDING

Funds for delivering services and supporting the organisation during the pandemic were secured from a number of funders.

<u>London Community Response Fund – Wave 5</u> For the funding of staff salaries for staff members who are focused on assessing community need and finding solutions to these needs as we emerged from the pandemic.

<u>Vaccination Calls:</u> Funding from BME Health Forum to engage with community members around the COVID-19 vaccines and provide accurate and reasonable information and answers to their questions in order to mitigate conspiracy, unfounded fears and rumours.

<u>Lived Experience</u>: A significant and exciting project to leverage lived experience amongst our community members, staff and volunteers, providing candidates with additional training and empowerment in order to enhance our reliance on and use of lived experience as an organisation and to release greater levels of lived experience leadership into the community.

<u>Summer Activities:</u> Funding from John Lyons Charity and Imperial College London for the provision of summer holiday activities and experiences for children including a coding course (Imperial College London) and excursions and outdoor activities (John Lyons Charity).

Core funding – Tudor Trust, Henry Smith

For the support of core functions, management salaries and equipment.

Financial Review

For the year ended 31 March 2022 the charity had total incoming resources of £736,460 (2021: £721,878) and total resources expended of £625,953 (2021: £636,593), resulting in a net surplus in funds for the year of £110,507 (2021: £85,285).

The restricted fund balance was in surplus at 31 March 2022 of £106,464 (2021: £82,773 surplus).

An amount of £50,000 has been transferred into the Business Development Fund in anticipation of the financial pressure which the charity is likely to face in the coming year. The unrestricted fund balance was in surplus at 31 March 2022 in the amount of £227,416 (2021: £140,600 surplus). This includes designated funds of £85,000. The excess free reserves over the target at 31 March 2022 are £22,416 (£2021: deficit of £6,145)

The Trustees are confident that they will be able to continue sourcing funds to support their work in the coming year and manage costs to ensure reserves are maintained at the target level.

Reserves Policy

It is the charity's policy to hold reserves to ensure it can meet its operational and project financial liabilities

for a period of between three and six months, without obtaining additional funding.

The current reserves policy is formally reviewed and monitored by the trustees at its annual trustee meeting

to ensure the policy still achieves the required levels of financial cover.

The reserves target will be reviewed and adjusted in response to internal and external changes. The target

minimum is between three and six months of average operating costs.

The calculation of average monthly operating costs includes all recurring, predictable expenses such as

salaries and benefits, occupancy, office and programme expenses. Depreciation and other non-cash expenses

are not included in the calculation. The amount of the reserves target will be calculated each year after

approval of the annual budget, reported to the Board of Trustees and included in the annual financial

statements. Reserves will be funded and available in cash or cash equivalent funds.

The target for the year ended 31 March 2022 was £120,000.

Independent Examiner

The Independent Examiner, Paul Chamberlain, was appointed on 1 December 2017.

Disclosure of information to the Independent Examiner

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to

the examination, but of which the examiner is unaware. They have further confirmed that they have taken

appropriate steps to identify such relevant information

The Trustees' report was approved by the Board of Trustees

Mazamed Cabdi Yusuf
Mazamed Cabdi Yusuf (Dec 22, 2022 10:29 GMT+4)

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Mr Cabdi Mazamed Yusuf

Dec 22, 2022

Dated

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STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees, who are also the directors of Midaye Somali Development Network for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Each of the Trustees confirms that:

- so far as the Trustee is aware, there is no relevant audit information of which the charity's independent examiner is unaware;
- the Trustee has taken all the steps that he/she ought to have taken as a Trustee in order to make himself/herself aware of any relevant audit information and to establish that the charity's independent examiner is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of s418 of the Companies Act.

The Trustees are responsible for the maintenance and integrity of financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

INDEPENDENT EXAMINER'S REPORT

TO THE MEMBERS OF MIDAYE SOMALI DEVELOPMENT NETWORK

I report on the financial statements of the Midaye Somali Development Network, which are set out on pages 13 to 24.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act); and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with the Companies Act 2006, section 386; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Companies Act 2006 section 386 and with the methods and principles of the Statement of recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

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Paul Chamberlain FCA DChA

Chamberlains Elm House, Tanshire Park Shackleford Road Elstead, Godalming Surrey, GU8 6LB

Dec 22, 2022

Dated:.....

STATEMENT OF FINANCIAL ACTIVITIES (incorporating an income and expenditure account)

FOR THE YEAR ENDED 31 MARCH 2022

Incoming resources	Restricted £	Unrestricted £	2022 Total £	Restricted £	Unrestricted £	2021 Total £
Incoming resources from generated funds Interest income	-	247	247	-	72	72
Incoming resources from charitable activities	395,526	340,687	736,213	440,234	281,572	721,806
Total incoming resources	395,526	340,934	736,460	440,234	281,644	721,878
Resources expended						
Charitable activities Transfer	371,835	248,073	619,908	419,171	212,182	631,353 -
Governance costs		6,045	6,045		5,240	5,240
Total resources expended	371,835	254,118	625,953	419,171	217,422	636,593
Net incoming/(outgoing) resources for the year	23,691	86,816	110,507	21,063	64,222	85,285
Reconciliation of funds						
Total funds brought forward	82,773	140,600	223,373	61,710	76,378	138,088
Total funds carried forward	106,464	227,416	333,880	82,773	140,600	223,373

All of the above results are derived from continuing activities. There were no recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 10 to the financial statements.

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2022

			2022	2021
	Note	£	£	£
Fixed assets				
Tangible fixed assets	6		4,447	5,253
			4,447	5,253
Current assets				
Debtors and accrued revenue	7	112,825		137,633
Cash at bank and in hand		376,544		237,695
		489,369		375,328
		465,305		373,326
Liabilities				
Creditors: amounts falling due within one year	8 _	159,936		157,208
Net current assets			329,433	218,120
Net assets	9		333,880	223,373
The funds of the charity				
Restricted funds	10		106,464	82,773
Unrestricted funds				
Designated funds			85,000	35,000
General funds			142,416	105,600
	10		222.000	222.272
Total charity funds	10		333,880	223,373

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Approved by the Board on _____ and signed on their behalf by:

Mazamed Cabai Yusuf
Mazamed Cabdi Yusuf (Dec 22, 2022 10:29 GMT+4

Cabdi Mazamed Yusuf Chair

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Net expenditure for the year		
(per the statement of financial activities)	110,507	85,285
Adjustments for:		
Interest receivable	(247)	(72)
Depreciation and impairment of fixed assets	2,800	3,464
Decrease/(increase) in debtors	24,808	(89,250)
Increase in creditors	2,728	53,479
Net cash generated by operating activities	140,596	52,906
Payment to acquire tangible fixed assets	(1,994)	(1,211)
Interest received	247	72
Net increase in cash and cash equivalents	138,849	51,767
Cash and cash equivalents at 1 April 2021	237,695	185,928
Cash and cash equivalents at 31 March 2022	376,544	237,695

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1. Accounting policies

a) The financial statements have been prepared under the historical cost convention and in accordance with UK Generally Accepted Accounting Practice, the Companies Act 2006 and "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and "Accounting and Reporting by Charities: the Statement of Recommended Practice" for charities applying FRS102 ("SORP"). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

- b) The charity is a company limited by guarantee. The members of the company are the trustees named on page 2.
- c) All incoming resources are included in the Statement of Financial Activities when the charity has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability. Any income received where entitlement has not been earned at the year end is deferred.

In accordance with the SORP, grants received in advance and specified by the donor as relating to a specific accounting period or alternatively which are subject to conditions which are still to be met, and which are outside the control of the charity or where it is uncertain whether the conditions can or will be met, are deferred on an accruals basis to the period to which they relate. Such deferrals are shown in the notes to the accounts and the sums involved are shown as creditors in the accounts.

- d) General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.
- e) Designated funds are funds which have been set aside for the specific purpose of developing the infrastructure and governance of the charity over the next two years.
- f) Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.
- g) All expenditure is accounted for on an accruals basis as a liability as incurred and includes attributable VAT which cannot be recovered.
 - i) Charitable expenditure comprises expenditure on the charity's primary charitable purposes
 - ii) Governance costs comprise the costs associated with governance of the charity incurred in connection with the administration of the charity and compliance with institutional and statutory requirements. Included within this category are costs associated with the strategic as opposed to the day to day management of the charity's assets.
- h) Tangible fixed assets are stated at cost less depreciation. The threshhold for the capitalisation of assets is £500. Depreciation is provided at rates calculated to write off the cost of those assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and machinery

25% pa straight line

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2022

2. Grants and donations

Received from	Project	£
BBC Children in Need	Educational Outreach	18,998
City Bridge Trust	London Community Response Fund covid support - Wave 5	41,567
Comic Relief Changemakers	Journey of Hope	76,945
Comic Relief	Dignity Women's Project	25,465
Henry Smith	Core funding	11,250
Hodan Somali Community	Outreach and Support	3,760
Imperial College Health Charity	Health Gateway	15,024
Imperial College London	Summer activities	2,000
John Lyons Charity	Summer activities	4,000
LB of Hammersmith and Fulham	FGM Advocacy	20,000
London Community Foundation		
- ESDF Grenfell Young People's Fund	Navigate: Young BME Engagement Project	14,858
Mind	Mental Wellbeing Project	8,953
MOPAC	Parent & Carer Wellbeing Support	20,000
P&ACT EHP Partnership	Violence Against Women & Girls	52,945
RB of Kensington & Chelsea	Befriending Older People	15,104
RB of Kensington & Chelsea	Bilingual Family Support Services	28,000
RB of Kensington & Chelsea	FGM Advocacy	41,200
RB of Kensington & Chelsea	Inspire Women Wellbeing	22,500
RB of Kensington & Chelsea	Voluntary Sector Support Fund	45,000
RB of Kensington & Chelsea	Parent & Carer Champions	31,250
RB of Kensington & Chelsea	Together for Grenfell	70,028
Sported	Youth sport outreach	4,813
The BME Health Forum	Community Living Well	5,500
The BME Health Forum	Covid contact tracing calls	1,050
The BME Health Forum	Gateway: Community Advice & Information Service	8,318
The BME Health Forum	Emotional Wellbeing Project	7,200
The BME Health Forum	Healthy Lifestyle Project	2,750
The National Lottery - Lived Experience	Springboard: A BME Community Leaders Acceleration Progra	29,517
The Tudor Trust	Core funding	50,000
The Tudor Trust	Staff wellbeing funding	2,000
The Westway Trust	Supplementary School	6,750
Trusthouse Charitable Foundation	Expanded family Wellbeing Service	21,953
W12 Together	Small grants	600
Coronavirus Job Retention Scheme		25,810
Donations		430
Training and other services		675
		726 212
	=	736,213

3. Net incoming resources for the year

This is stated after charging:

mis is stated after charging.	2022 £	2021 £
Depreciation • owned by the charity	2,800	3,464
Operating lease rentals: • property	8,510	8,510

No Directors received any remuneration or reimbursement for expenses incurred in behalf of the charity during the period.

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2022

4.	Staff costs and numbers		
	Staff costs were as follows:		
		2022	2021
		£	£
	Wages and salaries	408,067	388,883
	Employer's pension contributions	7,826	7,282
	Employer's National Insurance	26,166	23,241
		442,059	419,406
	The number of employees whose emoluments were in excess of £60,000 for the year w	ero.	
	The number of employees whose emoraments were mexcess of 100,000 for the year w	2022	2021
		No.	No.
			
	The average weekly number of employees (full-time equivalent) during the year was as	follows:	
		2022	2021
		No.	No.
		13	15
			13

5. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

6. Tangible fixed assets

	Plant and machinery £
Cost	
At the start of the year	14,509
Additions in year	1,994
At the end of the year	16,503
Depreciation	
At the start of the year	9,256
Charge for the year	2,800
At the end of the year	12,056
Net book value	
At the end of the year	4,447
At the start of the year	5,253

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2022

7.	Debtors and accrued revenue		
		2022	2021
		£	£
	Trade debtors	21,731	52,936
	Accrued Revenue	88,324	83,986
	Prepayments	1,168	591
	Sundry debtors	1,602	120
		112,825	137,633
8.	Creditors: amounts falling due within one year		
•	,	2022	2021
		£	£
	Tue de conditace	20.472	44 220
	Trade creditors	28,172	11,330
	Other taxation and social security	18,161	6,711
	Accruals	9,722	20,898
	Deferred income	103,881	118,269
		159,936	157,208

The deferred income balance of £103,881 relates to amounts deferred in 2022. All of the prior year deferred income (£118,269) was released to the Statement of Financial Activities during 2022.

9. Analysis of net assets between funds

, maryon or met assets between ramas				
	Designated	Restricted	General	
	funds	funds	funds	Total funds
	£	£	£	£
Tangible fixed assets	-	-	4,447	4,447
Current assets	85,000	204,234	200,135	489,369
Creditors due within 1 year	<u> </u>	(97,770)	(62,166)	(159,936)
Net assets at the end of the year	85,000	106,464	142,416	333,880

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2022

10. Movements in funds (current year)

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	At the start of the year	Incoming resources	Outgoing resources	Transfers	At the end of the year
	£	£	£	Hansicis	£
Restricted funds: BBC Children in Need Educational					
Outreach	-	18,998	(19,010)		- (12)
City Bridge Trust -					
Covid support - Wave 3	1,504	-	(1,504)		-
Comic Relief - Dignity Women's					
Project	3,839	25,465	(29,304)		-
Comic Relief - Journey of Hope	-	76,945	(69,320)		7,625
Imperial Health Charity - Health					
Gateway	-	15,024	(14,572)		452
Imperial College London - summer					
activities	-	2,000	(2,000)		-
John Lyons Charity - summer					
activities	-	4,000	(4,000)		-
Lloyds Bank Foundation					
- Drop in improvement	5,142	-	-		5,142
London Community Fund -					
Navigate: Young BME	477	14,858	(14,284)		1,051
Mind - Mental Wellbeing Project	862	8,953	(9,815)		-
MOPAC -					
Parent & Carer Wellbeing	-	20,000	(13,487)		6,513
P&ACT EHP Partnership					
Violence Against Women & Girls	17,073	52,945	(50,452)		19,566
RB of Kensington & Chelsea -					
Parent & Carer Champions	6,079	31,250	(31,217)		6,112
RB of Kensington & Chelsea -					
Voluntary Sector Support Fund					
Advice and Information Service	-	45,000	(45,000)		-
The BME Health Forum - Community					
Living Well	-	5,500	(5,500)		-
The BME Health Forum - Emotional					
Wellbeing Project	-	7,200	(7,200)		-
The BME Health Forum - Gateway:					
and support services	-	8,318	(8,318)		-
The National Lottery Lived Experience -	-	29,517	(19,841)		9,676
Trusthouse Charitable Foundation -					
Expanded Family Wellbeing	-	21,953	(19,661)		- 2,292
The Westway Trust - Supplementary					
School	-	6,750	(6,750)		-
W12 Together - small grants	-	600	(600)		-
The International Fund	47,797	250	-		48,047
Total restricted funds	82,773	395,526	(371,835)		106,464

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2022

Unrestricted funds:					
Designated funds :					
Business development fund	35,000			50,000	85,000
Total designated funds	35,000	-	-	50,000	85,000
General funds	105,600	340,934	(254,118)	(50,000)	142,416
Total unrestricted funds	140,600	340,934	(254,118)		227,416
Total funds	223,373	736,460	(625,953)		333,880

Projects not concurrent with the financial year may reflect a negative balance at 31 March 2022. This temporary deficit is the result of timing differences between costs and income and are covered by general funds.

Aim and use of restricted funds

BBC Children in Need - Educational Outreach

1 September 2021 to 30 August 2024

Providing support to families with school age children by providing tutoring support and facilitating and improving the parent/school relationship and home support.

Comic Relief - Dignity Women's Project

7 January 2019 to 30 November 2021

A project to empower local communities to end the practice of FGM and to support victims of FGM.

Comic Relief Changemakers Fund - Journey of Hope

1 September 2021 to 31 August 2024

A three-year project to develop and evidence a community-based mental healthcare model that provides an effective pathway for delivering mental health support for BME communities that speak English as an additional language.

Imperial Health Charity - Health Gateway Information and Advice

1 September 2021 to 31 May 2022

Providing advice, signposting, advocacy and workshops to community members needing help with healthcare concerns

<u>Imperial College - summer activties</u>

1 July 2021 to 31 August 2021

Providing summer holiday activities for children in the community

John Lyon's Charity - summer activities

1 July 2021 to 31 August 2021

Providing summer holiday activities for children in the community

Lloyds Bank Foundation - Drop-in Improvement

1 September 2019 to 31 March 2020

Funds to improve the quality of Midaye's advice and information service.

<u>London Community Fund - ESDF Grenfell Young People's Fund - Navigate: Young BME Engagement Project</u>

1 January 2020 to 31 December 2022

Engaging with young BME people living in the area surrounding the Grenfell Tower, providing mentoring, support and leadership opportunities.

Mind - Mental Wellbeing Project

1 July 2020 - 30 June 2021

Providing counselling and other mental wellbeing support to BME individuals in West London.

P&ACT EHP Partnership - Violence Against Women & Girls Project

1 January 2020 to 31 March 2022

A London-wide partnership project to provide support to victims of Violence Against Women & Girls and survivors of FGM.

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2022

RB of Kensington & Chelsea - Parent and Carer Wellbeing Support

1 December 2021 - 31 May 2023

Providing peer support, one-to-one support and community conselling for parents and carers of children who are at risk.

RB of Kensington & Chelsea - Parent & Carer Champions

1 November 2020 - 31 March 2022

Provide training and commissioning for volunteers who will act as Parent & Carer Champions to help drive a community-based initiative to respond to and counteract youth crime and violence.

RB of Kensington & Chelsea - Voluntary Sector Support Fund - Advice and Information Service

1 October 2021 to 31 March 2023

Supporting elders, vulnerable adults and carers living in RBKC to reduce isloation and improve activity levels

The BME Health Forum - Community Living Well

1 April 2019 to 31 September 2021

Providing intensive emotional and mental wellbeing support sessions to BME families.

The BME Health Forum - Emotional Wellbeing Project

1 April 2021 to 31 March 2023

Providing emotional and mental wellbeing support sessions to BME families.

The BME Health Forum - Gateway: Community Advice & Information Service

1 November 2021 to 30 October 2022

 $Providing\ emotional\ and\ mental\ well being\ support\ sessions\ to\ BME\ families.$

The National Lottery Lived Experience Fund - Springboard: A BME Community Leaders Acceleration Programme

1 April 2021 to 31 September 2021

A project to leverage lived experience amongst the community members, staff and volunteers.

<u>Trusthouse Charitable Foundation - Expanded Family Wellbeing</u>

1 July 2021 to 30 June 2024

Offering intensive wrap-around support for BME families with English as a second language. This expanded service enables us to offer direct interventions to young people, football and emotional wellbeing support to families outside RBKC.

W12 Together - Small grants

1 October 2020 to 31 December 2021

Support for additional supplementary school services and tutoring for BME children in Wormholt & White City.

The Westway Trust - Supplementary School

A project providing supplementary school sessions to local children.

International Fund

Funds set aside for future work in Somalia.

Designated fund - business development

The income funds of the charity include funds set aside for the specific purpose of developing the infrastructure and governance of the charity over the next five years.

11. Operating lease commitments

The charity had annual commitments at the year end under operating leases expiring as follows:

	2022	2,021
	£	£
Land and buildings		
Less than 1 year	8,510	8,510
Between 2 and 5 years	20,011	2,991
	28,521	11,501

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2022

12. Reconciliation of net movement in funds to net cash flow from operating activities		
	2022	2021
	£	£
Net expenditure for the year		
(per the statement of financial activities)	110,507	85,285
Adjustments for:		
Interest receivable	(247)	(72)
Depreciation and impairment of fixed assets	2,800	3,464
Increase in debtors	24,808	(89,250)
Increase in creditors	2,728	53,479
	140,596	52,906

13. Going Concern

The Trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The Trustees have made this assessment for a period of at least one year from the date of approval of the finacial statements. The Trustees given due consideration for the continued effects of the Covid-19 outbreak, which began in December 2019 and has continued to the impact on the charity prior to the accounts being signed. The charity is largely sheltered from the expected effects as the income is based mainly on grants received. The Trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue to operate for the foreseeable future and therefore continues to adopt the going concern basis in preparing its financial statements.



Summer and Winter Events and Trips

When we focus on organising events, activities and trips for the community, we like to focus on the values and interests our community hold.

This year we were able to hold events in the winter and summer for our groups which included community picnics for Eid, the London zoo trip, international women's event, visits to spiritual places such as the Oxford mosque and much more and an international FGM zero tolerance event.

These consisted of all age groups but we also had focused activities for young people allowing them to learn history visits to British museum and Victoria Albert Museum, provided a space to be creative and express themselves.





FOCUS ON PHYSICAL ACTIVITY



We have delivered women focused physical activities such Yoga, Zumba, Swimming, Cycling and walking. We run several wellbeing sessions, such as Diabetes awareness, women's health and weight management sessions. This attracted many women from the community.

For men, we have set up Father's Football Club. They took the lead to organise and deliver these sessions. We also cater to young boys who attend football sessions every week on the local pitches as well, as engage in multisport activities.





EDUCATION AND TRAINING



The Supplementary school had presentation nights to share what they learnt in their weekly Science and English classes. We have nominated well achieving students to attended the RBKC Awards night.

The new Bengali language classes have done really well being more aware of their cultural heritage and learnt all their alphabets

For Adults we set up and delivered Parent champion training in partnership with RBKC, IT training sessions, online safety training for parents, Candle making training, Sewing skills training and First Aid training. We continued the delivery of the ESOL classes to local community.

Also there has been lots of improvement in the Somali and Arabic language classes. Were many young people connected and understand their heritage



PERSONAL AND EMOTIONAL DEVELOPMENT TRAINING/SERVICES



We delivered Emotional wellbeing focused sessions for Arabic and Somali speaking community this included well attended bilingual emotional wellbeing sessions, Tree of life Trauma focused sessions, Bilingual counselling service, weekly bilingual Peer support groups for Somali, Arabic and Bengali communities, these takes place in Kensington and Chelsea, Westminster and Hammersmith and Fulham. FGM awareness workshops, Parental empowerment workshops for Mothers and Fathers, Body and Mind Self-care sessions. New mother's peer support group, mindfulness and motivational sessions for young people. All these sessions helped participants to develop, improve their wellbeing and make connection with others.



COMMUNITY SUPPORT, INFORMATION, ADVICE AND EMPOWERMENT SESSIONS

Advice and Information session was well attended we delivered 683 1:1 case work. 307 clients access the service 39 clients were referred to access specialist 1:1 advice for benefit and disability. We've had multiple consultations with the local communities. This included Grenfell wellbeing consultation, MET Police about Stop and Search with parents and young people, emotional wellbeing service improvement consultation, FGM survivors support to access the specialist FGM clinic, Parent Champion consultation session, Young people focused consultation.

We also delivered several empowerment sessions this included parental empowerment sessions, community led leadership support (Sessional worker's recruitment) community empowerment led by parent champion team. International women's day, which brought women from different communities to take leadership and celebrate together.





Forward Thinking and Future Planning

So what's our next steps?



The coming year we are planning to continue the great work we deliver to the community. focusing on developing our parent champions to support parents in the local community.

We would also like extend the emotional wellbeing support including training and self help knowledge for the community. We want to improve the skills and the leadership of parents and young people (girls and boys).

We would like to continue the empowerment we offer to our FGM survivors and the Befriending support to the elderly members of our community.

We are excited to continue and work closely with our partners to develop our community.

