

ANNUAL OVERVIEW

2018 - 2019



Charity overview

TRUSTEES Abdi Isamil Hamud Shukri Warsame Mohamed Hagi Nur Abdi Nur Mazamed Cabdi Yusuf

CHARITY NUMBER 1148304

COMPANY NUMBER 07822573

REGISTERED OFFICE Office 6 7 Thorpe Close North Kensington London W10 5XL

BANKERS

Unity Trust Bank 9 Brindley Place Birmingham B1 2HB

Barclays Bank plc 137 Ladbroke Grove London W11 1PR

INDEPENDENT EXAMINER

Chamberlains Elm House, Tanshire Park Elstead, Godalming Surrey GU8 6LB

Table of contents

| CHARITY OVERVIEW | 1 |
|------------------------------------|----|
| CHAIRPERSON'S REPORT | 3 |
| PROJECTS – SUPPORT & OUTREACH | 7 |
| PROJECTS – HEALTH & WELL-BEING | 9 |
| PROJECTS – DEVELOPMENT & EDUCATION | 13 |
| PROJECTS – SPECIAL PROJECTS | 15 |
| BIG MOMENTS FROM THE PAST YEAR | 16 |
| FINANCIAL OVERVIEW | 19 |
| THANKS | 23 |

CHAIRPERSON'S REPORT

It is a great pleasure to present Midaye Somali Development Network's Annual Accounts Report for the 2018-2019 financial year. I took over as chair of the board in December 2018 and it has been a great privilege for me to contribute to an organisation which genuinely serves the needs of the BME communities in West London.

The 2018/19 financial year was a tumultuous year for many of us. We were still reeling from the shock and trauma of the Grenfell fire and learning how to best serve our community's needs in a post-Grenfell environment. The floodgates had been opened. Statutory providers and local authority representatives showed eagerness to ask questions and form opinions on the needs of the community. Our communities, for so long hidden in shadow and ignored were suddenly bathed in the bright light of panicked attention and furious hands feeling the need to do something. It has been a difficult shift to manage but Midaye has stepped up to the task, energetically working to smooth the interaction between providers and community and ensure that they correctly hear the voices which most need to be heard.

It has been a very busy year for us. We are coping with expansion in terms of our own reach and influence and in terms of partnerships. We have pushed hard to respond to all the critical needs of our communities, including mental health, women empowerment, families and young people. We have, therefore, focused on the main health concerns of our service users and work to deliver a user-centred service. We have provided our staff and volunteers with training in order for these services to run successfully. A highlight for us has been the establishment of the Musawa BME Community Consortium – a loose partnership of 10 local grassroots organisations serving BME communities. We have come together with others to amplify the voices of our communities and have increased our combined and individual strength and influence in the process. By increasing and harnessing our connections with various organisations, we have been able to continue to support our clients in services such as health and well-being, which is a lifeline for our users.

The eradication of harmful practices and issues that affect the welfare of women and children is something that we are passionate about. We aim to empower, protect and support the women in our community, in regards to: FGM, reproductive and sexual health and emotional wellbeing awareness. One of our flagship projects, our FGM project in partnership with the local social services and NHS continues to make a significant difference in the lives of many women. As a part of this project, we have also produced a significant report on our model for addressing entitled 'Building New Alliances to End FGM'.

Midaye works tirelessly to address the needs of the Somali and other ethnic minority communities in West London by fighting to eradicate the barriers to main stream services which these communities face. It is a pleasure to state that our work delivers vital information, leadership and support to the community. We aim to give the community a voice, and a platform to develop their needs without facing any issues, as much as providing a chance to network, learn and exchange information amongst the communities and mainstream services. In January 2018 we took our first steps to bring together a range of grassroots community organisations representing a wide variety of BME communities in this area. This initiative is called the Musawa BME Community Consortium. We hope to see this consortium develop effectively in the next few years.

Over the coming years, we aim and look forward to concentrating on developing services that address the needs of our community, and the educational, economic and social welfare of children, young adults and their parents. As a passionate, grassroots organisation, we aim to develop the accomplishment of this year and seek to establish sustainable services which are delivered in a professional manner. We will do this by developing the capacity of the Board of Trustees and the organisation to respond to a changing sector and to the differing needs of its wider stakeholders. We are very appreciative for the support, input, and expertise knowledge of the members, staff, volunteers and finally our funders; who have not only helped us to move the organisation forward, but also aided us in the success of our work with self-assurance.

I wish to extend my sincere gratitude to our funders and the partners of the organisation. I am also pleased to extend a warm welcome to all the new staff who have joined us during the past year.

I would like to commend the tireless and hard work by all the staff, trustees, and volunteers. We are operating in the complex and uncertain landscape of the voluntary sector, but I am confident and sincerely hope that we will strive forward to become an increasingly sustainable, effective and vibrant organisation.

Cabdi Mazamed Yusuf

Chair, Midaye Somali Development Network Board of Trustees

Projects SUPPORT AND OUTREACH

Bilingual Befriending Older People & Carers

During the year, we supported 77 people aged 50 or more, through befriending sessions or by helping them access services. Furthermore, we delivered 4 social network event and 3 BME Carers' Forums, overachieving our target.

This is a partnership project led by Midaye and delivered jointly with Hodan Somali Community and Dadihiye Somali Development Organisation. We provide support for the elderly and vulnerable adults and help to improve their knowledge on how to access beneficial services. This service enables both carers and those they care for to access the support they need to reduce isolation and improve activity levels through signposting and accompanying them to access services.

Family Well-being Service

Over the course of this financial year, we supported 25 families, overachieving our target by 5%. Each family is supported for a period of 3-6 months or longer, if necessary.

This service supports families in the Royal Borough of Kensington and Chelsea. We offer intensive-wrap around support for BME families with English as a second language. We help families access ESOL classes, parenting courses, health services, educational outreach support, and the local children's centres. We work very closely with early help teams, social services and children's centres. The main objective of this service is to improve the parent's self-esteem, eliminate isolation and improve the well-being of the families. This, in turn, enable them to access their local services and understand what is available to them.

Drop-in

Our drop-in and advice service reached 655 clients throughout the year.

This is Midaye's core community-led service. The service is available four days a week, with dozens of clients making use of it every week. The scope and range of topics we deal with are diverse and sensitive, and the number of clients accessing the service has increased immensely. During the session, clients receive one-to-one support and are referred or accompanied to other specialist services when needed.

Projects HEALTH AND WELL-BEING

Emotional well-being

Our target was to help 50 clients this year. We overachieved this by 22%, supporting 61 clients.

This service delivers up to 4 sessions of one-to-one emotional well-being support for RBKC residents. Most of the clients supported through this project speak English as a second language. The main focus is to help clients improve their emotional well-being with the guidance of accredited counsellors, enabling them to access mental health and other local services.

Community Living Well Service

Over the course of the year we supported 35 clients through this project.

This service is similar to the Emotional Well-being Service but is a little more intensive and is intended for those requiring more support. We deliver up to 6 sessions of one-to-one, face-to-face emotional well-being support for RBKC residents. Most of the clients supported through this project speak English as a second language. The main focus is to walk clients through specified processes and objectives, attending appointments and meetings with them, whilst providing them with emotional well-being support, enabling them to access mental health and other local services.

Diabetes Mentoring

This project was due to end in March 2018 but has been renewed for another year. Throughout the year, we mentored 41 clients, meeting our targets for the year. The project was officially ended in March 2019.

Our diabetes mentoring service provides one-to-one support for people living with diabetes. The mentoring sessions provided allow mentees to develop effective techniques and strategies to manage their health condition, improve their quality of live and increase their confidence. This service is delivered both at a local General Practice Surgery and in the community. Clients are encouraged to access physical activities, as well as local targeted programmes. This project was due to end in march 2018 but has been renewed for another year.

BME Community Engagement

This project came to an end in February 2019. It has played a significant role in increasing our influence with local statutory service providers and other authorities and stakeholders in the health services sector. During the final year of this project, we were able to support 685 clients from BME Communities in West London for whom English is an additional language, and who are multiply disadvantaged, isolated, and do not have a voice in health services.

This service supports the development of the community's voice within the health services provided for marginalised BME communities in West London for whom English is an additional language. Through outreach, community forums and liaison with decision makers, service providers are able to better understand our communities and to respond adequately to their needs.

FGM

We helped 329 victims of FGM through our work at the specialist maternity clinics during the course of the year.

Midaye's very effective project with the Department for Education came to an end in March 2018. Fortunately, the Public Health offices of the three boroughs in which we deliver services stepped in to help fill the gap. As a result, Midaye was able to continue to provide advocacy at multi-agency FGM clinics in three hospitals: St. Mary's Hospital, Queen Charlotte's Hospital, and Chelsea and Westminster Hospital. Women that access these clinics primarily, but not exclusively, come from Kensington and Chelsea, Westminster, Hammersmith and

Fulham, Brent, Ealing, and Wandsworth. Midaye's health advocates also supported social workers with home visits and risk assessments.

A publication describing the multi-agency model of working which Midaye has helped to pioneer and which has proved so effective was produced and distributed. This publication, entitled "Building Alliances to End FGM" is available in the public domain and may be downloaded from Midaye's website.

Dignity Women's Project

The project began in December 2018 and we delivered two highly successful workshops on sexual health and FGM to community members in North Kensington.

The Dignity Women's Project is a new FGM-focused project funded by Comic Relief for three years. We will be focusing on outreach and community advocacy, working to raise awareness around FGM and empowering communities to resist the practice in order to bring it to an end. We also provide support to victims of FGM as a part of the project.

Inspire Women

During this financial year, we delivered 89 hrs of physical activities, 160 hours of peer support groups and 406 hours of advocacy sessions.

This service is delivered in partnership with Al-Hasaniya Moroccan Women's Project. This programme supports service users by providing weekly peer support, physical activity and advocacy for BME women for whom English is an additional language. The service is open to all but is focused on RBKC residents. Adopting a holistic approach, we help Arabic and Somali-speaking women take control of their physical and mental well-being. Our peer support group is very popular, running every Thursday.

Together for Grenfell Project

We delivered 160 one-on-one sessions for 34 clients and 21 group sessions reaching more than 220 clients during the year.

The Together for Grenfell project began in April 2018 with the intention of providing emotional and mental well-being support to the Grenfell-effected community in Kensington and Chelsea at a grass-roots level. Midaye provides both one-on-one support and peer support groups for clients. Group meetings often revolve

around a communal activity such as gardening or cooking with empowerment, confidence-building and social network development as a primary objective. One-on-one support takes the form of ongoing coaching and mentoring.

Women Well-being Club

We supported 26 women between April and September 2018 who regularly attended the peersupport group and 23 in one-to-one sessions.

This service is based in White City and functions as a peer-support group that meets every Friday. The club encouraged and improves the participation of approximately fifty local residents by empowering them to learn and encouraging them to become active in their local area. In addition, we provide one-to-one support to those needing extra help. Volunteering opportunities are also available, allowing community members to lead the group, offer peer support, and attend training sessions to further develop their skills. The majority of participants have reported that they now feel less isolated, more active and involved in the community, and as a result, better able to cope with their problems.

This project officially came to an end in September 2018. However, we have managed to keep the group running whilst we search for alternative funding.

Projects DEVELOPMENT AND EDUCATION

Better Futures

To date, we have supported 348 people through the delivery of activities and regular sessions. In the coming year, we anticipate exceeding our target, due to the extensive need for our programme.

The Better Futures and Aspirations programme has continued to successfully focus on empowering isolated, disengaged women from the BAMER communities residing within RBKC, Hammersmith and Fulham, and Westminster. The programme activities provide targeted self-help skills to resolve issues of exclusion and deprivation faced by the community. Through a bottom-up approach we have developed and strengthened initiatives such as: employability skills, physical classes, confidence-building and empowerment sessions, sexual and mental health lessons, access to volunteering, and work experience placements. We also deliver weekly sewing, IT, and communication lessons. We are in the third and final year of this programme.

Educational Outreach

This service benefits families in RBKC, Hammersmith and Fulham, and Westminster. We work closely with social services and Early Help to provide holistic support to families with school-aged children. Our support enables parents to have a better understanding of the British education system, and helps them improve their relationship with their children's schools and teachers.

Supplementary School

We reach and actively support 60 children between the ages of 6 and 17 on a weekly basis. We also offer training to teachers and volunteers to ensure our ethos of effective teaching is met. In addition, we deliver more classes and sessions to ensure that we meet the educational support needs of children from the school.

Midaye's Supplementary School was initiated in 2002, to create an environment of education support for children and families facing great difficulties in understanding and integrating with the British education system due to language and cultural barriers. Feedback from parents indicate that children love attending the school and that it has had a significant impact on the children's education experience, their grades and quality of school work, and their confidence.



MUSAWA: The BME Community Consortium

The Musawa Consortium released it's critical research report "Maybe things can change" in June 2018.

In the aftermath of the Grenfell fire, Midaye realised the need for small grassroots organisations representing the vulnerable and deprived BME communities in North Kensington to be heard in a more effective and influential manner. We secured funding to initiate the creation of a consortium of these organisations representing the needs of BME communities. The first steps in this process were achieved in the 2017/8 reporting year and a research project was launched to properly assess the needs of these communities. The outcome of the needs assessment was compiled into a research report launched to a wide audience of local authority councillors, commissioners, funders and other stakeholders.

Big moments MEMORIES FROM THE PAST YEAR

The Together for Grenfell Project

In the aftermath of the Grenfell Fire we have become increasingly aware of the mental health challenges facing BME communities in North Kensington. As with elsewhere, mental health is emerging as a critical public health concern and demands significant attention and action. Midaye has joined with a number of other community organisations to provide grassroots level intervention for community members who may need mental and emotional health support but who are reluctant to engage with formal therapists or statutory providers.



Over the past financial year, Midaye offered coaching and mentoring to the Grenfell-affected community on both a one-on-one and group basis. Group work was focused around activities such as gardening, make-up cooking, and enjoyed significant response from participants. In particular, our cultural cooking activities, which we ran at The Curve community centre, proved enormously popular. A different ethnic speciality was on offer each week allowing women from various communities to show off their cooking skills and allowing members of other communities to experience the cuisine of different countries and regions. Participants were enormously pleased with the results and reported significant increases in confidence and wellbeing.

Participants were also able to deal with religion and grieving, learn from mindfulness experts, participate in chair yoga and involve themselves in group discussions focused on mental and emotional wellbeing.

The MUSAWA research report launch

In early 2018 Midaye participated in a significant research exercise being run by the Musawa BME Community Consortium. We were helping investigate the genuine needs of BME community members in North Kensington in a post-Grenfell environment. The finding from this research was compiled into a report which we launched to a wide audience of local authority councillors and officers as well as funders and other stakeholders at a large event at the RBKC Town Hall in June 2018. The report was exceptionally well received and has opened up a multitude of opportunities for Midaye and the other Musawa partners to engage proactively and robustly with decision makers and service providers in North Kensington.

Building Alliances to End FGM

Our funding from the Department for Education for our highly successful FGM work came to an end in March 2018. However, the final aspect of this – a publication describing the model of community-based response to FGM which we developed in partnership with specialist FGM midwives from the NHS and the Local Children Safeguarding Board – was finalised in August 2018. The publication, entitled Building Alliances to End FGM, is an extensive analysis and argument for our approach to working with FGM and it has garnered an excellent response from many advocates and organisations who strive to end FGM. We are exceptionally proud of the work we have done in driving a community-led initiative to end FGM and of the partnerships and working relationships we have developed in the process. We have continued to develop and expand this work thanks to funding from the Public Health department of the Royal Borough of Kensington and Chelsea and the City of Westminster, the London Borough of Hammersmith and Fulham and more recently from Comic Relief who is funding the awareness and community engagement aspects of our FGM work.

The publication may be downloaded from our website at http://midaye.org.uk.

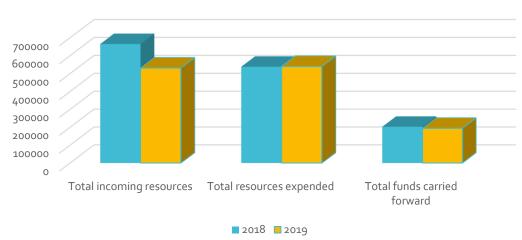
Financial report

2018 - 2019

Note: Please see the Annual Report and Financial Statements for the year ended 31 March 2019 for complete detail.

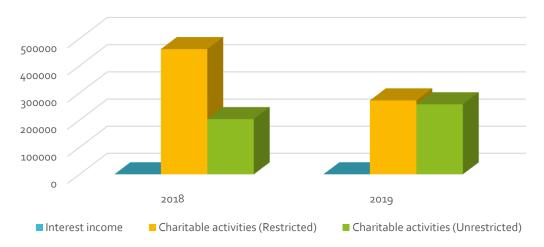
Financial Activities for the year ended 31 March 2019

| | Restricted £ | Unrestricted £ | 2019 Total £ |
|---|-----------------|-------------------|--------------------|
| Incoming resources Incoming resources from generated funds | | | |
| Interest income | - | 188 | 188 |
| Incoming resources from charitable activities | 272,697 | 258,330 | 531,027 |
| Total incoming resources | 272,697 | 258,518 | 531,215 |
| Resources expended | | | |
| Charitable activities | 270,572 | 263,146 | 533,718 |
| Governance costs | - | 5,990 | 5,990 |
| Total resources expended | 270,572 | 269,136 | 539,708 |
| Net incoming / (outgoing) resources for the year | 2,125 | (10,618) | (8,493) |
| Reconciliation of funds | | | |
| Transfer of funds | - | - | - |
| Total funds brought forward | 52,348 | | 76,177 |
| Total funds carried forward | 54,473 | 140,040 | 194,513 |

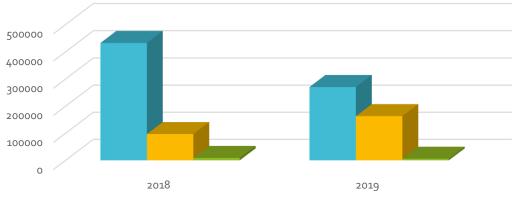


Financial Activities - Overview





Resources expended - Detail



■ Charitable activities (Restricted) ■ Charitable activities (Unrestricted) ■ Governance costs (Unrestricted)

Financial Position as at the 31 March 2019

| | | 2019 |
|--|---------|---------|
| Fixed assets | £ | £ |
| Tangible fixed assets | | 4,940 |
| 5 | — | |
| | | 4,940 |
| Current assets | | |
| Debtors and accrued revenue | 21,513 | |
| Cash at bank and in hand | 264,777 | |
| | 286,290 | |
| | 2007290 | |
| Liabilities | | |
| Creditors: amounts falling due within one year | 96,717 | |
| Net current assets | _ | 189,573 |
| Net assets | _ | 194,513 |
| | | |
| The funds of the charity | | |
| Restricted funds | | 54,473 |
| Unrestricted funds | | |
| Designated funds | | 35,000 |
| General funds | _ | 105,040 |
| Total charity funds | = | 194,513 |

List of funders

We would like to acknowledge and thank every one of our funders. Your assistance is greatly appreciated and makes the work that we do possible.

| BBC Children in Need | Educational Outreach & Supplementary School | 33,864 |
|-----------------------------------|--|--------|
| Comic Relief | BME Community Engagement | 27,252 |
| | Dignity Women's Project | 10,425 |
| Hodan Somali Community | Drop-in (Outreach & Support) | 7,270 |
| John Lyons Charity | Educational Outreach (Reaching High) | 30,000 |
| LB of Hammersmith & Fulham | FGM Advocacy | 20,000 |
| NHS West London CCG | Diabetes Mentoring Service | 10,000 |
| People's Health Trust | Women's Wellbeing Support Club | 7,809 |
| Royal Borough of Kensington & | Befriending Older People | 20,850 |
| Chelsea | Family Support (Bilingual Family Support Services) | 28,000 |
| | Musawa BME Community Consortium | 14,891 |
| | Inspire Women Wellbeing | 45,000 |
| | FGM Advocacy | 40,000 |
| | Together for Grenfell | 77,214 |
| The BME Health Forum | Community Living Well | 9,300 |
| | Emotional Wellbeing Project | 10,000 |
| The National Lottery | Better Futures | 62,854 |
| Community Fund | Reaching Communities | 54,102 |
| The Westway Trust | Grove Youth Development Group | 810 |
| | Supplementary School | 6,750 |
| Various donors | International Fund | 9,530 |
| Training and other services rende | ered | 5,106 |

Thanks

We would like to extend our deepest thanks and appreciation to our staff, trustees, funders, partners and supporters. Your contributions are invaluable and make the work that we do possible. We exist to serve and empower the vulnerable and it is only by working together that we are able to do that. We thank you for what you do.

Charity Registration No. 1148304

ŧ,

Company Registration No. 07822573

MIDAYE SOMALI DEVELOPMENT NETWORK ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

 $\tau_{\rm pr}^{-1}$

r

LEGAL AND ADMINISTRATIVE INFORMATION

2000 10

| Trustees | Mazamed Cabdi Yusuf Shukri Warsame Mohamed Hagi Nur Abdi Nur Hinda Dalmar | Chair Secretary Treasurer Member Member |
|----------------------|---|---|
| Charity number | 1148304 | |
| Company number | 07822573 | |
| Registered Office | Office 6 7 Thorpe Close North Kensington London W10 5XL | |
| Bankers | Unity Trust Bank 9 Brindley Place Birmingham B1 2HB | |
| Independent Examiner | Barclays Bank plc 137 Ladbroke Grove London W11 1PR Chamberlains | |
| | Elm House, Tanshire Park Elstead Godalming Surrey GU8 6LB | |

 $\tilde{\eta}_{j+1}$

CONTENTS

τ<mark>ρ</mark>ί α

| Trustees' report | 1 - 8 |
|---|---------|
| Statement of Trustees' responsibilities | 9 |
| Independent Examiner's report | 10 - 11 |
| Statement of financial activities | 12 |
| Statement of financial position | 13 |
| Statement of cash flows | 14 |
| Notes to the financial statements | 15 - 21 |

ŧ,

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2019

The Trustees present their report and accounts for the year ended 31 March 2019.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: the Statement of Recommended Practice" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102 Section 1A) (effective 1 January 2015)".

Structure, governance and management

The charity is a company limited by guarantee not having share capital (Company Registration No. 07822573). The company registered as a charity on 26 July 2012 (Charity Registration No. 1148304). The charitable company's memorandum and articles of association are its primary governing documents.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Cabdi Mazamed Yusuf Shukri Warsame Mohamed Hagi Nur Hinda Dalmar Abdi Nur

Membership of the board is kept continually under review. Any new Trustees are appointed to contribute particular knowledge, experience, expertise or perspective to complement that which is already available to the board.

The Trustees may attend any courses which they feel are relevant to the development of their role and to keep up-to-date on any changes in legislation.

None of the Trustees had any beneficial interest in the company during the year. All of the Trustees are members of the company and guarantee to contribute £10 in the event of a winding up.

Organisation

 $C_{\rm ph}^{-1}$

The Trustees meet to discuss and amend the organisation and structure of the charitable company. The day-today organisation of the charity is the responsibility of the Director of Operations and this is supported by quarterly meetings with at least one Trustee in attendance. The directors consider the board of Trustees and the Director of Operations comprise the key management personnel of the Charity in charge of directing and controlling, running and operating the Charity on a day-today basis. All directors give of their time freely and no director received remuneration in the year.

The pay of the senior staff is reviewed annually.

Objectives and activities

Our vision is to improve the quality of life for disadvantaged, isolated and marginalised Somali refugees and other ethnic minorities, covering all age groups and sexes, ensuring people are given equal rights to education, health and well-being, living conditions, legal justice, recreational and adequate economic advancement.

We do this by:

 $\mathcal{L}_{(0)}^{(1)}$

- Providing generalist information and advice to our service users that will enable them to become more aware of their rights and better informed about the services available to them and how to access them.
- Supporting the most vulnerable in our community through befriending, mentoring and advocacy as necessary.
- Providing classes to adults to help them to overcome barriers, increase their skills, integrate fully into society and increase their self-confidence in the process.
- Providing supplementary education to children and young people that complements their mainstream education and provides a greater level of support.
- Encouraging and arranging regular consultation sessions for our service users to contribute and assist in the planning, development and delivery of new and existing services and projects.
- Encouraging all members within the community to express their needs and help themselves study and build their skills, in order to gain employment and so create a better future for their families.
- Encouraging and supporting women to become empowered and achieve their full potential to become more active and confident members of society.
- Liaising and working with other organisations and groups which have the same or similar purpose as our own to achieve a common goal and increase our capacity.
- Supporting the involvement, personal and professional growth of our volunteers.

Additionally, the eradication of harmful practices and issues that affect the welfare of women and children are areas that have taken on greater significance. Consequently, over the past year based on user feedback we have developed new services to target families with higher needs and Female Genital Mutilation (FGM) focused programmes.

It was another challenging year for Midaye as the organisation continued to expand and introduce new projects to satisfy the demands of our client base. We are grateful to our partners, generous funders, staff and volunteers

who have allowed us to continue our invaluable service to the community. Our staff and volunteers have received training in a range of subjects in order for the services to run successfully.

Over the coming years Midaye will strive tirelessly to retain and continue to develop a stable, highly qualified and motivated workforce that actively delivers the organisation's mission. We are also aiming to attract an increased number of volunteers and higher levels of funding to support our operations.

Project reports

1.00

SUPPORT AND OUTREACH PROJECTS

<u>Bilingual Befriending Older People & Carers:</u> This is a partnership project led by Midaye and delivered jointly with Hodan Somali Community and Dadihiye Somali Development Organisation. This service supports elders, vulnerable adults and carers living in the Royal Borough of Kensington and Chelsea (RBKC). For the elders and vulnerable adults, this service provides support and helps to improve their knowledge on how to access beneficial services. This service enables both carers and those they care for to access the support they need to reduce isolation and improve activity levels through signposting and accompanying them to access services.

During the year, we supported 77 people aged 50 or more, through befriending sessions or by helping them access services. Furthermore, we delivered 4 social network events and 3 BME Carers' Forums, overachieving our target.

<u>Drop-in (Outreach, Information & Support Service)</u>: This is Midaye's core community-led service. The service is available four days a week, with dozens of clients making use of it every week. The scope and range of topics we deal with are diverse and sensitive, and the number of clients accessing the service has increased immensely. During the session, clients receive one-to-one support and are referred or accompanied to other specialist services when needed.

Our drop-in and advice service reached 655 clients throughout the year.

<u>Family Well-being Service</u>: This project began in September 2017. This service supports families in RBKC. We offer intensive wrap around support for BME families with English as a second language. We support families to access ESOL classes, parenting support, health services, educational outreach support and the local children's centre. We work closely with early help teams, social care services and promote children's centre services. The main objective of this service is to improve the parents' self-esteem, eliminate isolation and improve the families' wellbeing. This enables them to better access their local services and understand and work with local service providers.

Over the course of this financial year, we supported 25 families, overachieving our target by 5%. Each family is supported for a period of 3-6 months or longer, if necessary.

HEALTH & WELL-BEING PROJECTS

Working together: BME community engagement with health services in West London: This service supports the development of the community's voice within the health services provided for marginalised BME communities in West London for whom English is an additional language. Through outreach, community forums and liaison with decision makers, service providers are able to better understand our communities and to respond adequately to their needs.

This project came to an end in February 2019. It has played a significant role in increasing our influence with local statutory service providers and other authorities and stakeholders in the health services sector. Through this process we were able to develop partnerships and new community led services. During the final year of this project, we were able to support 685 clients from BME Communities in West London for whom English is an additional language, and who are disadvantaged, isolated, and do not have a voice in health services.

<u>Diabetes Mentoring</u>: This service provides one-to-one support for people living with diabetes. The mentoring sessions provided allow mentees to develop effective techniques and strategies to manage their health condition, improve their quality of life and increase their confidence. This service is delivered both at a local General Practice Surgery and in the community. Clients are encouraged to access physical activities, as well as local targeted programmes.

This project was due to end in March 2018 but was renewed for another year. Throughout the year, we mentored 41 clients, meeting our targets for the year. The project officially ended in March 2019.

Emotional Well-being Service

This service delivers up to 4 sessions of one-to-one emotional well-being support for RBKC residents. Most of the clients supported through this project speak English as a second language. The main focus is to help clients improve their emotional well-being with the guidance of accredited counsellors, enabling them to access mental health and other local services.

Our target was to help 50 clients this year. We overachieved this by 22%, supporting 61 clients.

Community Living Well Service

This service is similar to the Emotional Well-being Service but is a little more intensive and is intended for those requiring more support. We deliver up to 6 sessions of one-to-one, face-to-face emotional well-being support for RBKC residents. Most of the clients supported through this project speak English as a second language. The main focus is to walk clients through specified processes and objectives, attending appointments and meetings with them, whilst providing them with emotional well-being support, enabling them to access mental health and other local services.

Over the course of the year we supported 35 clients through this project.

FGM Advocacy Project

Midaye's very effective project with the Department for Education came to an end in March 2018. Fortunately, the Public Health offices of the three boroughs in which we deliver services stepped in to help fill the gap. As a result, Midaye was able to continue to provide advocacy at multi-agency FGM clinics in three hospitals: St. Mary's Hospital, Queen Charlotte's Hospital, and Chelsea and Westminster Hospital. Women that access these clinics primarily, but not exclusively, come from Kensington and Chelsea, Westminster, Hammersmith and Fulham. With the support of the Dignity Women's project we were able to extend our support to Brent, Ealing and Wandsworth. Midaye's health advocates also supported social workers with home visits and risk assessments.

A publication describing the multi-agency model of working which Midaye has helped to pioneer and which has proved so effective was produced and distributed. This publication, entitled "Building Alliances to End FGM" is available in the public domain and may be downloaded from Midaye's website.

We helped 329 victims of FGM through our work at the specialist maternity clinics during the course of the year

Dignity Women's Project

The Dignity Women's Project is a new FGM-focused project funded by Comic Relief for three years. We will be focusing on outreach and community advocacy, working to raise awareness around FGM and empowering communities to resist the practice in order to bring it to an end. We also provide support to victims of FGM as a part of the project.

The project began in December 2018 and we delivered two highly successful workshops on sexual health and FGM to community members in North Kensington.

Together for Grenfell Project

 $\Sigma_{\rm BH}^{\rm (1)}$

The Together for Grenfell project began in April 2018 with the intention of providing emotional and mental wellbeing support to the Grenfell-effected community in Kensington and Chelsea at a grass-roots level. Midaye provides both one-on-one support and peer support groups for clients. Group meetings often revolve around a communal activity such as gardening or cooking with empowerment, confidence-building and social network development as a primary objective. One-on-one support takes the form of ongoing coaching and mentoring.

We delivered 160 one-on-one sessions for 34 clients and 21 group sessions reaching more than 220 clients during the year.

Inspire Women: This service is delivered in partnership with Al-Hasaniya Moroccan Women's Project. This programme supports service users by providing 24 weeks of peer support group, physical activity and advocacy for BME women for whom English is an additional language. The service is open to all but is focused on RBKC residents. Adopting a holistic approach, we help Arabic and Somali-speaking women take control of their physical and mental well-being. Our peer support group is very popular, running every Thursday.

During this financial year, we delivered 89 hrs of physical activities, 160 hours of peer support groups and 406 hours of advocacy sessions.

<u>Women Well-being Club:</u> This service is based in White City and functions as a peer-support group that meets every Friday. The club encouraged and improved the participation of approximately fifty local residents by empowering women to learn and encouraging them to become active in their local area. In addition, we provide one-to-one support to those needing extra help. Volunteering opportunities are also available, allowing community members to lead the group, offer peer support, and attend training sessions to further develop their skills. The majority of participants have reported that they now feel less isolated, more active and involved in the community, and as a result, better able to cope with their problems.

This project officially came to an end in September 2018. However, we have managed to keep the group running whilst we search for alternative funding.

We supported 26 women between April and September 2018 who regularly attended the peer-support group and 23 in one-to-one sessions.

DEVELOPMENT & EDUCATION PROJECTS

Better Future and Aspirations / Better Futures: The Better Futures and Aspirations programme has continued to successfully focus on empowering isolated, disengaged women from the BAMER communities residing within RBKC, Hammersmith and Fulham, and Westminster. The programme activities provide targeted self-help skills to resolve issues of exclusion and deprivation faced by the community. Through a bottom-up approach we have developed and strengthened initiatives such as: employability skills, physical classes, confidence-building and empowerment sessions, sexual and mental health lessons, access to volunteering and work experience placements. We also deliver weekly sewing, IT, and communication lessons.

We are in the third and final year of this programme.

To date, we have supported 348 people through the delivery of activities and regular sessions. In the coming year, we anticipate exceeding our target, due to the extensive need for our programme.

<u>Educational Outreach</u>: This service benefits families in RBKC, Hammersmith and Fulham, and Westminster. We work closely with social services and Early Help to provide holistic support to families with school-aged children. Our support enables parents to have a better understanding of the British education system, and helps them improve their relationship with their children's schools and teachers.

<u>Supplementary School</u>: Midaye's Supplementary School was initiated in 2002, to create an environment of education support for children and families facing great difficulties in understanding and integrating with the British education system due to language and cultural barriers. Feedback from parents indicate that children love attending the school and that it has had a significant impact on the children's education experience, their grades and quality of school work, and their confidence.

We reach and actively support 60 children between the ages of 6 and 17 on a weekly basis. We also offer training to teachers and volunteers to ensure our ethos of effective teaching is met. In addition, we deliver more classes and sessions to ensure that we meet the educational support needs of children from the school.

Financial Review

For the year ended 31 March 2019 the charity had total incoming resources of £531,215 (2018: £665,037) and total resources expended of £539,708 (2018: £538,208), resulting in a net deficit in funds for the year of £8,493 (2018: £126,829 surplus).

The restricted fund balance was in surplus at 31 March 2019 of £54,473 (2018: £52,348).

The unrestricted fund balance was in surplus at 31 March 2019 in the amount of £140,040 (2018: £150,658).

The Trustees are confident that they will be able to continue sourcing funds to support their work in the coming year and manage costs to ensure reserves are maintained at the target level.

In March 2018, an amount of £45,000 was set aside for the specific purpose of developing the infrastructure and governance of the charity of the next 2 years. £10,000 of this was transferred to the general fund at the end of the year, leaving £35,000 in the designated fund.

Reserves Policy

It is the charity's policy to hold reserves to ensure it can meet its operational and project financial liabilities for a period of at least three months, without obtaining additional funding.

The current reserves policy is formally reviewed and monitored by the trustees at its annual trustee meeting to ensure the policy still achieves the required levels of financial cover.

The reserves target will be reviewed and adjusted in response to internal and external changes. The target minimum is equal to three months of average operating costs.

The calculation of average monthly operating costs includes all recurring, predictable expanses such as salaries and benefits, occupancy, office and programme expenses. Depreciation and other non-cash expenses are not included in the calculation. The amount of the reserves target will be calculated each year after approval of the annual budget, reported to the Board of Trustees and included in the annual financial statements. Reserves will be funded and available in cash or cash equivalent funds.

The target for the year ended 31 March 2019 was £106,780.

Independent Examiner

The Independent Examiner, Paul Chamberlain, was appointed on 1 December 2017.

Disclosure of information to the Independent Examiner

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the examination, but of which the examiner is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information

The Trustees' report was approved by the Board of Trustees

Mr Cabdi Mazamed Yusuf

 $\mathcal{L}_{\mathrm{BC}}^{-1}$

6

Dated 6.12.2019

も

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2019

The Trustees, who are also the directors of Midaye Somali Development Network for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these accounts, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Each of the Trustees confirms that:

- so far as the Trustee is aware, there is no relevant audit information of which the charity's independent examiner is unaware;
- the Trustee has taken all the steps that he/she ought to have taken as a Trustee in order to
 make himself/herself aware of any relevant audit information and to establish that the charity's
 independent examiner is aware of that information.

This confirmation is given and should be interpreted in accordance with the provisions of s418 of the Companies Act.

The Trustees are responsible for the maintenance and integrity of financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

9

INDEPENDENT EXAMINER'S REPORT

5

TO THE MEMBERS OF MIDAYE SOMALI DEVELOPMENT NETWORK

I report on the financial statements of the Midaye Somali Development Network, which are set out on pages 12 to 21.

Respective responsibilities of trustees and examiner

The trustees, who are also the directors of the company for the purposes of company law) are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act); and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

۰.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with the Companies Act 2006, section 386; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Companies Act 2006 section 386 and with the methods and principles of the Statement of recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

P. Chambalin 20.12.2019

Paul Chamberlain FCA DChA

Chamberlains Elm House, Tanshire Park Shackleford Road Elstead, Godalming Surrey, GU8 6LB

12

勤

 $c_{\mu}^{(1)}$

STATEMENT OF FINANCIAL ACTIVITIES (incorporating an income and expenditure account)

FOR THE YEAR ENDED 31 MARCH 2019

| | Restricted E | Restricted Unrestricted £ £ | 2019 Total £ | Restricted E | Unrestricted £ | 2018 Total £ |
|--|-----------------------|--------------------------------|---------------------------|-------------------------|-------------------------------|--------------------------|
| Incoming resources Incoming resources from generated funds Interest income | , | 188 | 188 | | 93 | 93 |
| Incoming resources from charitable activities | 272,697 | 258,330 | 531,027 | 461,151 | 203,793 | 664,944 |
| Total incoming resources | 272,697 | 258,518 | 531,215 | 461,151 | 203,886 | 665,037 |
| Resources expended | | | | | | |
| Charitable activities Governance costs | 270,572 | 263,146 5,990 | 533,718 5,990 | 432,270 | 97,006 8,932 | 529,276 8,932 |
| Total resources expended | 270,572 | 269,136 | 539,708 | 432,270 | 105,938 | 538,208 |
| Net incoming/(outgoing) resources for the year | 2,125 | (10,618) | (8,493) | 28,881 | 97,948 | 126,829 |
| Reconciliation of funds Transfer of funds Total funds brought forward Total funds carried forward | - 52,348 54,473 | 150,658 140,040 | 203,006 194,513 | 22,717 750 52,348 | (22,717) 75,427 150,658 | 76,177 203,006 |

All of the above results are derived from continuing activities. There were no recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 10 to the financial statements.

ŧ,

STATEMENT OF FINANCIAL POSITION

AS AT 31 MARCH 2019

| | Note | £ | 2019 £ | 2018 £ |
|--|------|------------------------------|-------------------|-------------------|
| Fixed assets Tangible fixed assets | 6 | | 4,940 | 6,950 |
| | | | 4,940 | 6,950 |
| Current assets Debtors and accrued revenue Cash at bank and in hand | 7 | 21,513 264,777 286,290 | | 89,018 |
| Liabilities Creditors: amounts falling due within one year | 8 | 96,717 | | 107,700 |
| Net current assets | | | 189,573 | 196,056 |
| Net assets | 9 | | 194,513 | 203,006 |
| The funds of the charity Restricted funds | 10 | | 54,473 | 52,348 |
| Unrestricted funds Designated funds General funds | | | 35,000 105,040 | 45,000 105,658 |
| Total charity funds | 10 | | 194,513 | 203,006 |

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Approved by the Board on 6 December and signed on their behalf by:

Cabdi Mazamed Yusuf Chair

 $\Sigma_{\rm ph}^{-1}$

13

STATEMENT OF CASH FLOWS

rai T

Γ.__

FOR THE YEAR ENDED 31 MARCH 2019

| | Note | 2019 £ | 2018 £ |
|---|------|-----------|---------------|
| Net cash generated/(used) in operating activities | 12 | 49,851 | 171,602 |
| Payment to acquire tangible fixed assets Interest received | | 188 | (8,039) 93 |
| Net increase/(decrease) in cash and cash equivalents | | 50,039 | 163,656 |
| Cash and cash equivalents at 1 April 2018 | | 214,738 | 51,082 |
| Cash and cash equivalents at 31 March 2019 | | 264,777 | 214,738 |

14

ŧ,

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2019

1. Accounting policies

a) The financial statements have been prepared under the historical cost convention and in accordance with UK Generally Accepted Accounting Practice, the Companies Act 2006 and "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and "Accounting and Reporting by Charities: the Statement of Recommended Practice" for charities applying FRS102 ("SORP"). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest \pounds .

- b) The charity is a company limited by guarantee. The members of the company are the trustees named on page 2.
- c) All incoming resources are included in the Statement of Financial Activities when the charity has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability. Any income received where entitlement has not been earned at the year end is deferred.

In accordance with the SORP, grants received in advance and specified by the donor as relating to a specific accounting period or alternatively which are subject to conditions which are still to be met, and which are outside the control of the charity or where it is uncertain whether the conditions can or will be met, are deferred on an accruals basis to the period to which they relate. Such deferrals are shown in the notes to the accounts and the sums involved are shown as creditors in the accounts.

- d) General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.
- e) Designated funds are funds which have been set aside for the specific purpose of developing the infrastructure and governance of the charity over the next two years.
- f) Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.
- g) All expenditure is accounted for on an accruals basis as a liability as incurred and includes attributable VAT which cannot be recovered.
 - i) Charitable expenditure comprises expenditure on the charity's primary charitable purposes
 - Governance costs comprise the costs associated with governance of the charity incurred in connection with the administration of the charity and compliance with institutional and statutory requirements. Included within this category are costs associated with the strategic as opposed to the day to day management of the charity's assets.
- h) Tangible fixed assets are stated at cost less depreciation. The threshold for the capitalisation of assets is £500. Depreciation is provided at rates calculated to write off the cost of those assets, less their estimated residual value, over their expected useful lives on the following basis:

Plant and machinery

 $T_{\rm ph}$

25% pa straight line

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2019

2. Grants and donations

| Received from | Project | £ |
|-------------------------------------|---|---------|
| | | |
| BBC Children in Need | Educational Outreach and Supplementary School | 33,864 |
| Comic Relief | Dignity Women's Project | 10,425 |
| Comic Relief | Working Together | 27,252 |
| Hodan Somali Community | Outreach and Support | 7,270 |
| John Lyons Charity | Reaching High Educational Outreach | 30,000 |
| LB Hammersmith & Fulham | FGM Advocacy | 20,000 |
| NHS West London CCG | Diabetes Mentoring Programme | 10,000 |
| People's Health Trust | Women's Wellbeing Support Club | 7,809 |
| RB of Kensington & Chelsea | Befriending Older People | 20,850 |
| RB of Kensington & Chelsea | Bilingual Family Support Services | 28,000 |
| RB of Kensington & Chelsea | Musawa BME Community Consortium | 14,891 |
| RB of Kensington & Chelsea | Inspire Women Wellbeing | 45,000 |
| RB of Kensington & Chelsea | FGM Advocacy | 40,000 |
| RB of Kensington & Chelsea | Together for Grenfell | 77,214 |
| The BME Health Forum | Community Living Well | 9,300 |
| The BME Health Forum | Emotional Wellbeing Project | 10,000 |
| The National Lottery Community Fund | Better Futures | 62,854 |
| The National Lottery Community Fund | Reaching Communities | 54,102 |
| The Westway Trust | Grove Youth Development Group | 810 |
| The Westway Trust | Supplementary School | 6,750 |
| The International Fund | Various donations | 9,530 |
| Training and other services | | 5,106 |
| | | 531,027 |
| | | |

3. Net incoming resources for the year

na) F

25

| This is stated after charging: | 2019 £ | 2018 £ |
|--|-----------|-----------|
| Depreciation owned by the charity Operating lease rentals: | 2,010 | 1,089 |
| property | 5,240 | 5,238 |

No Directors received any remuneration or reimbursement for expenses incurred in behalf of the charity during the period.

ŧ,

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2019

4. Staff costs and numbers

| Staff costs were as follows: | | |
|---|-------------|---------|
| | 2019 | 2018 |
| | £ | £ |
| | | |
| Wages and salaries | 357,209 | 313,318 |
| Employer's pension contributions | 4,479 | 1,875 |
| Employer's National Insurance | 23,811 | 18,804 |
| | | |
| | 385,499 | 333,997 |
| | | |
| The number of employees whose emoluments were in excess of £60,000 for the year | were: | |
| | 2019 | 2018 |
| | No. | No. |
| | 140. | 110. |
| | | ~ |
| | | |
| | a fallanna. | |
| The average weekly number of employees (full-time equivalent) during the year was a | | |
| | 2019 | 2018 |
| | No. | No. |
| | | |
| | 14 | 12 |
| | | |

5. Taxation

ч.) , The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

6. Tangible fixed assets

| | Plant and |
|--------------------------|-----------|
| | machinery |
| | £ |
| Cost | |
| At the start of the year | 25,131 |
| Additions in year | |
| Disposals in year | (17,092) |
| At the end of the year | 8,039 |
| Deveriation | |
| Depreciation | 40.404 |
| At the start of the year | 18,181 |
| Charge for the year | 2,010 |
| Disposals in year | (17,092) |
| At the end of the year | 3,099 |
| Net book value | |
| At the end of the year | 4,940 |
| At the start of the year | 6,950 |

動

Notes to the financial statements

6

FOR THE YEAR ENDED 31 MARCH 2019

| 7. | Debtors and accrued revenue | | |
|----|--|--------|---------|
| | | 2019 | 2018 |
| | | £ | £ |
| | Trade debtors | 3,727 | 82,593 |
| | Accrued Revenue | 13,600 | 3,800 |
| | Prepayments | 4,186 | 2,625 |
| | | | |
| | | 21,513 | 89,018 |
| | | | |
| 8. | Creditors: amounts falling due within one year | | |
| | | 2019 | 2018 |
| | | £ | £ |
| | Trade creditors | 14,037 | 12,330 |
| | Other taxation and social security | 5,995 | 8,047 |
| | Accruals | 4,757 | 14,373 |
| | Deferred income | 71,928 | 72,950 |
| | | | |
| | | 96,717 | 107,700 |
| | | | |

The deferred income balance of £71,928 relates to amounts deferred in 2019. All of the prior year deferred income (\pm 72,950) was released to the Statement of Financial Activities during 2019.

9. Analysis of net assets between funds

| Analysis of net assets between funds | Designated funds £ | Restricted funds £ | General funds £ | Total funds £ |
|--------------------------------------|--------------------------|--------------------------|-----------------------|------------------|
| Tangible fixed assets | - | - | 4,940 | 4,940 |
| Current assets | 35,000 | 126,401 | 124,889 | 286,290 |
| Creditors due within 1 year | | (71,928) | (24,789) | (96,717) |
| Net assets at the end of the year | 35,000 | 54,473 | 105,040 | 194,513 |

1.00

18

Notes to the financial statements

FOR THE YEAR ENDED 31 MARCH 2019

10. Movements in funds (current year)

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

| | At the start of the year £ | Incoming resources £ | Outgoing resources £ | Transfers | At the end of the year £ |
|---|----------------------------------|----------------------------|----------------------------|-----------|--------------------------------|
| Restricted funds: | 2 267 | 22.064 | (22 705) | | 2.426 |
| BBC Children in Need Educational Outreach | 2,267 | 33,864 | (33,705) | - | 2,426 |
| Comic Relief - Dignity Women's | | 10,426 | (9,225) | | 1,201 |
| Project | | 20)120 | (3)223) | | -) |
| Comic Relief - Working Together | 1,351 | 27,252 | (28,603) | - | - |
| John Lyon's Charity - Reaching | 3,729 | 30,000 | (29,909) | - | 3,820 |
| High Educational Outreach | | | | | |
| Big Lottery Fund - Reaching | 4,232 | 54,102 | (54,388) | - | 3,946 |
| Communities | | | | | |
| People's Health Trust - Women's | 448 | 7,809 | (8,257) | | - |
| Wellbeing Support Club | | | | | |
| West London CCG - Diabetes Mentoring Programme | 4,875 | 10,000 | (14,875) | | - |
| The BME Health Forum - Community | | 9,300 | (9,300) | | - |
| Living Well | | , | | | |
| The BME Health Forum - Emotional | ÷ | 10,000 | (10,000) | | - |
| Wellbeing Project | | | | | |
| The National Lottery - Better Futures | 379 | 62,854 | (64,750) | - | (1,517) |
| Westway Trust - Grove Youth | - | 810 | (810) | | - |
| Development Group | | | | | |
| Westway Trust - Supplementary | - | 6,750 | (6,750) | | - |
| School | | | | | |
| The International Fund | 35,067 | 9,530 | 5: | | 44,597 |
| Total restricted funds | 52,348 | 272,697 | (270,572) | <u> </u> | 54,473 |
| Unrestricted funds: | | | | | |
| Designated funds : | | | | | |
| Business development fund | 45,000 | <u> </u> | · · | (10,000) | 35,000 |
| Total designated funds | 45,000 | - | - | (10,000) | 35,000 |
| General funds | 105,658 | 258,518 | (269,136) | 10,000 | 105,040 |
| Total unrestricted funds | 150,658 | 258,518 | (269,136) | | 140,040 |
| Total funds | 203,006 | 531,215 | (539,708) | | 194,513 |
| | | | | | |

Projects not concurrent with the financial year may reflect a negative balance at 31 March 2019. This temporary deficit is the result of timing differences between costs and income and are covered by general funds.

1.0

ŧ,

Notes to the financial statements

10

FOR THE YEAR ENDED 31 MARCH 2019

Aim and use of restricted funds

BBC Children in Need - Educational Outreach and Supplementary School 1 July 2017 to 30 June 2020 Providing support to families with school age children by facilitating and improving the parent/school relationship and home support.

<u>Comic Relief - Dignity Women's Project</u> 7 January 2019 to 6 January 2022 A project to empower local communities to end the practice of FGM and to support victims of FGM.

Comic Relief - Working Together 26 February 2016 to 25 February 2019 A programme aimed at improving the quality and access to health services for BME communities.

John Lyon's Charity - Reaching High Educational Outreach 1 May 2017 to 30 April 2019 Providing support to families with school-age children by facilitating and improving the parent/school relationship and home support, and supporting the provision of a supplementary school.

NHS West London CCG - Diabetes Mentor Programme 1 April 2018 to 31 March 2019 A chronic health mentoring service at Barlby Medical Practice for Somali or Arabic speakers.

People's Health Trust - Wellbeing Support Club 1 September 2016 to 31 August 2018 Supporting socially isolated and disadvantaged women for whom English is a second language.

 The BME Health Forum - Communitγ Living Well

 1 April 2018 to 31 March 2019

 Providing intensive emotional and mental wellbeing support sessions to BME families.

The BME Health Forum - Emotional Wellbeing Project 1 April 2018 to 31 March 2020 Providing emotional and mental wellbeing support sessions to BME families.

The National Lottery Community Fund - Better Futures 19 November 2016 to 18 November 2019 An initiative to empower and to support BME women in the community.

The National Lottery Community Fund - Reaching Communities 1 August 2017 to 31 July 2020 A project to establish a consortium of grassroots BME organisations working with local communities in North Kensington.

The Westway Trust - Grove Youth Development Group 23 January 2019 to 22 January 2020 Funding to provide venue hire (football pitch) for a group of local youths who have created a football and peer support group.

The Westway Trust - Supplementary School A project providing supplementary school sessions to local children.

International Fund

1.95

Funds set aside for future work in Somalia.

Designated fund - business development

The income funds of the charity include funds set aside for the specific purpose of developing the infrastructure and governance of the charity over the next two years.

Notes to the financial statements

*<u>#</u>]

-

FOR THE YEAR ENDED 31 MARCH 2019

| Operating lease commitments | ¢ 11 | | |
|--|----------------|--------|--|
| The charity had annual commitments at the year end under operating leases expiring as follows: | | | |
| | 2019 | 2018 | |
| | £ | £ | |
| Land and buildings | | | |
| | 7,628 | 5,585 | |
| Less than 1 year | 15,734 | 7,125 | |
| Between 2 and 5 years | | | |
| | 23,362 | 12,710 | |
| | | | |
| the fundation and each flow from operating activities | | | |
| . Reconciliation of net movement in funds to net cash flow from operating activities | 2019 | 201 | |
| | £ | : | |
| | | | |
| Net (expenditure)/income for the year | | | |
| (per the statement of financial activities) | (8,493) | 126,82 | |
| V [*] | | | |
| Adjustments for: | (100) | (93 | |
| Interest receivable | (188) 2,010 | 1,08 | |
| Depreciation and impairment of fixed assets | , | 1,08 | |
| Decrease/(increase) in debtors | 67,505 | 42,81 | |
| (Decrease)/increase in creditors | (10,983) | 42,0. | |
| (Decrease)/ mercuse in creaters | | | |

-

-

動